

Clinical update:

Paediatric chronic patient: Croatian integrated model

News from Europe:

The 6th Europaediatrics in Glasgow in June 2013 Joint session by EPA and the Journal of Pediatrics EPA in two new international child health initiatives The 10th Congress of the Croatian Pediatric Society



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Cover page photo: A classic European children's hospital - The Bambino Gesù Children's Hospital in Rome.

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Letter of the Editor:

SMALL TILT OF THE RUDDER

Dear Colleagues and Friends,

New circumstances imply new actions. Our NL can be considered as mature as we are now entering our fifth year. The texts appearing in different issues have reached a far wider readership than we expected, not only among our usual customers but also among national societies, academics and industry. Consequently, this situation requires a further legal registration and we have applied for a Digital Object Identifier (DOI) that will allow us, among other advantages, to quote the texts that appear in the NL. The growth in quality also implies the need to re-structure the present system of article evaluation. I hope that in a brief period DOI can be confirmed.

In the present issue you will find a very interesting article about integrated care for chronic pediatric patients. Our colleagues from Croatia have done a good job involving the Administration in improving care for this inhomogeneous and far from negligible population; the first results are presented.

EPA's untouched trajectory continues with one of its main activities and the next Joint Conference with RCPCH (Glasgow 5th-8th Jun 2013) is absorbing almost all our activity. In this issue you will also find ample information on the program. The EPA scientific program is 98% completed and will match the necessities of our delegates: clinical achievements, clinical research including ethics and good criteria for trials and health promotion. The selected faculty will ensure the quality and interest of the carefully selected topics. As is a norm for us, the poster sessions will be given special treatment. Please do not miss this opportunity to participate in these guided presentations. Certainly the special symposium on Rubella & Measles Eradication jointly developed with the WHO and IPA promises to be a paradigm of quality. All this in the unique Scottish panorama makes this meeting irresistible.

Finally, but perhaps most important, is to wish you a very Happy Christmas.

Manuel Moya

Manuel Moya Editor of Newsletter Vice President of EPA

P.S. If you wish to receive an e-alert for new issues, all you have to do is send an e-mail to epa-unepsa@2eic.com

PAEDIATRIC CHRONIC PATIENT: CROATIAN INTEGRATED MODEL

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Chronic illness has been defined as a disorder with a protracted course that can be fatal or associated with a relatively normal life span despite impaired physical or mental functioning. Such an illness frequently shows a period of acute exacerbations requiring intensive medical attention. Chronic illness or disease differs from acute illness in that, it is treatable yet not curable, thus needs management for long periods of time, and therefore the responsibility for the management of the illness is shared with and/or transferred to the child and family (1). Although any individual childhood illness is rare and each has its own prevalence, it is estimated that up to 20% of the school – age population has a medical illness or disabling condition. Children with chronic diseases need health and other services different in type and broader than those that children in general need.

Croatian notes and local experience in Dubrovnik according chronically ill children: The Croatian Constitution stresses that modern Croatian society is based on respect of human rights, democracy and a civil society. The rights include all rights given to citizens of the European Union. Special rights are determined for particularly vulnerable patient groups – children, persons with special health care needs, psychiatric patients, the elderly, and persons with terminal diseases. The approach we wish to present is based on consideration of the specifics of our situation in Croatia and represents one of the possible models for the solution of these problems in the local community of the city of Dubrovnik, with the special attention on chronically ill children and children with the special health care needs and developing partnerships between the health service and patients (2).

In the Republic of Croatia costs of treatment for chronically ill children and children with disabilities are covered by the health insurance. Additional rights are realized though the Centre for social work based on the By-law on composition and work of bodies responsible for exercising social welfare rights and other rights based on special regulations and By-law on the right of parents of children with severe disabilities on leave or part-time work hours. The Ministry of Health and Social Care of the Republic of Croatia in 2006 had under its care 15,000 children with special health care needs or 1,5% of total number of children in Croatia were included in some of the Republic of Croatia in 2006 had under its care 18034 children with special health care needs or 1,7% of total number of children in Croatia were involved in regular system of training and education. Behind this, parents and families have a sense of being abandoned and left for self-caring!

In order to achieve a quality partnership with civil associations/parents, at the initiative of Children's Department of Dubrovnik General Hospital in year 2002 the association of chronically ill children and their parents "Together to Health" has been founded and it celebrates its 10th anniversary this year. Their work has been accomplished through collaboration of associations of chronically ill persons and Center for Patients Relations (CPR) General Hospital Dubrovnik. This was a pilot project of Ministry of Health of the Republic of Croatia and General Hospital Dubrovnik. The aim of CPR was to inform patients and medical staff about their rights and duties, ensuring the access to the medical information about the treatment, promotion of solidarity and equality in access of health care, activation of the public in participation, creating and implementation of health protection and establishing partnership on the local level.

As a particularly valuable method, we will talk about work with patient's (parents and children) associations acting at the local level. "Together to Health" works on promotion on children's rights before, during and after the hospitalization pursuant to the European Association for Children in Hospital, being its associated member since 2008, helping chronically ill children and their families. Goals of the association are: establishing partnership with doctors and social care through:

- education about chronic disease and its therapy
- finding a way for easier communication with health care insurance program
- finding additional sources of financial support

The association works through several sections; groups for asthma, coeliac disease, diabetes, rheumatoid arthritis, autism, malignancy. Asthma group: Asthma school started in 2000. This was the first activity between medical staff and parent's and children's association. In the first years there were about 20 kids and their parents that gathered monthly, but in the last years they turned to an individual approach. Every year they organize the celebration of the World asthma day. Coeliac group: they are members of the Union of Croatian coeliac societies with total number of 42 children from Dubrovnik Neretva County. Their activities comprise annual manifestation "Coeliac week" and in 2002 it joined national campaign "When bread aches". They also organize different children activities; support its members with grants like bread making machines for children with coeliac disease. They also supply churches with Hosts for children. The Rheumatoid arthritis group and autistic group are last organized ones.

Parents of chronically ill children can be hospitalized with their children without any additional costs during the entire child hospitalization. For children who need hospitalization outside Dubrovnik, and are to be hospitalized at University Paediatrics Clinics in Zagreb, the association "Together to Health" has provided an apartment in Zagreb with no charges for accommodation. The apartment for the needs of these families was bought from the funds raised through numerous humanitarian actions and with help of the City. Apartment is available for several children and families at the same time. The association every year participates in tenders for getting the City's and County's support. Also big market chains from Dubrovnik donate food and toiletry. More about their work is on http://zajedno-do-zdravlja.hr/

Diabetic children started with "Together to Health", but from 2005 they separated in organization "Sweat Life". They organize educational and the recreational camps for children during winter and summer holidays. Children with malignancies work together with "Sanus" organization from Split.

In conclusion, The "Centre for patient relations" was established with the aim of improving communication and developing quality partnerships between the General hospital and persons requiring its services – the patients. "Together to Health" is an example of the partnership with parents of the chronically ill children and their parents with the hospital and the local community in respect to their rights for the best possible treatment considering the socio-cultural and psychosocial characteristics of the community in which the patient lives.

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- Radoni□ M, Betica Radi□ Lj. Kroni□no bolesno dijete mogu□nosti potpore, dubrova□ko iskustvo. Zbornik sažetaka: Pravo djeteta na zdravlje i razvoj. 2009;23-24.

NEWS FROM EUROPE



6th Europaediatrics jointly held with the RCPCH Annual Conference, and the 2nd PNAE Conference in the Beautiful City of Glasgow

5th-8th June 2013, Glasgow, United Kingdom

The 6th Europaediatrics, the biennial conference of the European Paediatric Association, will be held jointly with the RCPCH Annual Conference. The Europaediatrics congress is the highlight of the activities of the European Paediatric Association and the meeting point of paediatricians, not only from Europe, but from all over the world. This is the first time we will be co-hosting an allied healthcare professional conference alongside Europaediatrics. In addition, we are delighted to announce that the Paediatric Nursing Association of Europe's (PNAE) annual conference will also run in parallel from the 7th-8th June 2013.

The 6th Europaediatrics follows in the footsteps of some memorable past congresses of EPA/UNEPSA held in Vienna (2011), Moscow (2009), Istanbul (2008), Prague (2003) and Rome (2000). *We expect the 6th edition to be our best yet*, building on the unequivocal success of the 5th Europaediatrics in Vienna in 2011. In 2013, we anticipate an attendance of **over 3,000+ delegates from 55+ countries**. All attendees will benefit from having access to, not only the Europaediatrics conference, but also all parallel RCPCH sessions taking place.

The timely scientific programme, including **over 80 prestigious speakers from 23 countries**, will bring delegates up-to-date with the latest developments in paediatrics, encompassing a plethora of topics that range from primary to secondary care. The programme consists of a strong combination of lectures, symposia, "meet-the-professor meetings" and personal practice sessions, all designed to keep you fully informed of the latest developments. In addition, Europaediatrics is an outstanding place to connect with your colleagues from member associations and societies from across Europe.

The 6th Europaediatrics will also provide symposia jointly organised by EPA/UNEPSA with well-established institutes including the World Health Organisation (WHO), the International Paediatric Association (IPA) European Society for Paediatric Gastroenterology, Hepatology and Nutrition (ESPGHAN), the European Society for Paediatric Infectious Diseases and the European Paediatric Neurology Society (EPNS). Please visit the 6th Europaediatrics website today to view a list of the topics that will be covered during the various sessions of the conference.

You can now submit your abstracts online. Please note you are required to attend the conference and present your poster or oral presentation, if your abstract is selected. Abstracts will be reviewed and assigned to appropriate sessions. Authors will be notified regarding abstract acceptance approximately two months after the submission deadline. Only a very limited number of abstracts will be scheduled for oral presentation while a number of posters will be selected for poster presentations which will include brief oral presentations. Please indicate your preferred presentation type at the time of abstract submission on the conference website. The deadline for abstract submissions is on 1st February 2013.

The 6th Europaediatrics will take place in the Scottish Exhibition and Conference Centre (SECC). The Scottish Exhibition and Conference Centre (SECC) is Scotland's premier national venue for public events and conferences. Glasgow is a lively city in the west of Scotland with a rich and vibrant culture and history. The city offers an excellent conference infrastructure and the highly professional services required to organise this joint event. In addition, the international airport has direct flights from over 100 destinations from across Europe and around the world. Glasgow provides the perfect setting for our biennial meeting. Make sure you block the dates in your diary now, and book your place, to be part of this unique joint conference.

Further information: You can find out more online through the Europaediatrics, RCPCH and PNAE websites. Just click on the links below to visit each respective site:

- www.europaediatrics2013.org
- www.rcpch.ac.uk/conference2013
- www.pnae-congress.org





Travel tips for Europaediatrics 2013.

There are several good reasons why you should consider booking your conference visit immediately. You'll get the best registration rates and the best flights, and you will also have the time to plan your holiday. Glasgow (green dot on the map) is a small city for a major conference, and its direct flight capacity is limited. But do not worry, Scotland handles large passenger volumes effectively despite small airports, and it offers two great arrival points to

Glasgow. Located only a 45-minute drive (65 km) away from Glasgow, Edinburgh (blue dot on the map) airport is a convenient travel option for passengers whose nearest airports may not offer direct flights to Glasgow. It is certainly faster than going through the customs and changing to domestic flights at Heathrow. Here are some examples to consider: Europaediatrics 2013 delegates from Barcelona or Madrid can fly directly to Edinburgh, but not to Glasgow. The same applies to delegates from Milan and Bologna, whereas delegates from Rome can only fly directly to Glasgow, not Edinburgh. German delegates may find direct flights to Glasgow only from Berlin. Other major cities only have direct flights to Edinburgh. So be clever when you book – explore which alternative will work best for you. Some tourist tips will follow in the next column.

Glasgow. Our conference venue, The Clyde Auditorium (part of SECC) is locally called 'the Armadillo'. With its 3,000 seats and impactful design by world renowned architects, it will let all EP 2013 visitors experience a top attraction while at the conference. Glasgow also has three attractions which carry the highest marks, three stars, by the Michelin travel guide: The medieval *Cathedral* on Castle Street, the *Mackintosh House* (after the pioneering 'design' architect) on Hillhead Street, and *The Burrell Collection* (after the art collector) which is located beautifully on Pollokshaws Road, inside the large, lush and peaceful Pollock Park. See further details on *www.seeglasgow.com*.

Edinburgh. This gorgeous city with plenty of old architectural charm and classy tourist attractions leaves nobody unaffected. Many will shine up when sharing their experiences from top attractions such as the *National Museum of Scotland*, the elegant 18th century *Charlotte Square*, and the *Royal Botanic Garden* with the world's richest assemblage of rhododendrons. Info: www.edinburgh.org

Explore the countryside. If you like beautiful old architecture, consider visiting not just one castle, but a whole fairy tale land called *Castle Country*. This region has more castles per acre than anywhere else in the UK. The photo above shows the 13th century *Eilean Donan castle* (www.eileandonancastle.com), with its stunning location in the crossing of three great sea lochs. It is one of the most visited and important attractions in the *Scottish highlands*. For more information and inspiration, visit the official tourist site *www.visitscotland.com*.

NEWS FROM EUROPE



The joint session on Wheezing by EPA and the Journal of Paediatrics attracted prominent speakers and also a large interest from the paediatricians at the Excellence in Paediatrics (EiP) 2012 conference.

Joint wheezing session by EPA and the Journal of Pediatrics

at the Excellence in Paediatrics (EiP) Conference in Madrid on 1st December 2012

The recently established affiliation of EPA with the Journal of Pediatrics (USA) was acknowledged at the EiP 2012 conference through a joint session on wheezing. The session was a concurrent lecture titled *How to evaluate and treat wheezing in the pre-school child,* and it was chaired by EPAs Secretary General, Professor Massimo Pettoello-Mantovani (lower photo). There were two invited prominent speakers with subject matter expertise, Professor Andrew Bush from Imperial College, and Professor Robert Wilmott from the Saint Louis University School of Medicine in Missouri. The session discussed how current devices could be used in clinical practice to help diagnose patients with wheezing, and to guide their paediatricians on selecting an appropriate treatment. It also explored some of the already

available and most valuable applications for such devices, including the often forgotten aspect of how to find these applications and how to use them. Both high attendance and encouraging feedback were attracted from the conference delegates. Comments such as "Best presentation in the conference" and "Excellent end to the conference" were shared immediately after the session and they captured the general atmosphere very well.



Professor Massimo Pettoello-Mantovani

EPA plays a leading role in two new international child health initiatives

Active at two multidisciplinary health summits held on the 29th-30th November 2012

In addition to the joint session on wheezing at Excellence in Paediatrics (EiP) 2012 conference, EPA was also a key actor in two new child health initiatives. These are long term programmes which seek to understand and to independently improve the two important paediatric areas of breastfeeding and acute allergic reactions, particularly anaphylaxis. On 29th-30th November, the Global Breastfeeding and the Anaphylaxis Initiatives both had their first international summits at the Excellence in Paediatrics (EiP) 2012 conference in Madrid.



The Global Breastfeeding Summit attracted child health decision makers and renowned medical experts from several continents, plus a voluntary support network of 2,000+ paediatricians worldwide.

The Global Breastfeeding Initiative was the first and the larger of the two summits. It seeks to identify and reduce the barriers to breastfeeding, so that more newborn children could get the valuable immediate and long term health benefits that breastfeeding can provide. More information about this initiative is available on http://breastfeeding.excellence-in-paediatrics.org

The second summit was held for the Anaphylaxis Initiative, which will initially focus on Europe alone. The problem here is that anaphylaxis, due to its unpredictable nature, kills too many children because the preparedness for it is too low, and because guidelines are not followed by doctors when cases suddenly arrive. The pre-summit survey and the Anaphylaxis Summit discussions both demonstrated a clear need to educate general paediatricians in this area. More information on http://anaphylaxis.excellence-in-paediatrics.org



The Anaphylaxis Summit attracted child health decision makers, international medical experts, parents' and patients' organisations, and a voluntary support network of 1,000+ paediatricians worldwide.

The 10th Congress of the Croatian Pediatric Society with international participation and the 9th Congress of the Croatian Nurses Association

Pula, on October 18th-21st 2012

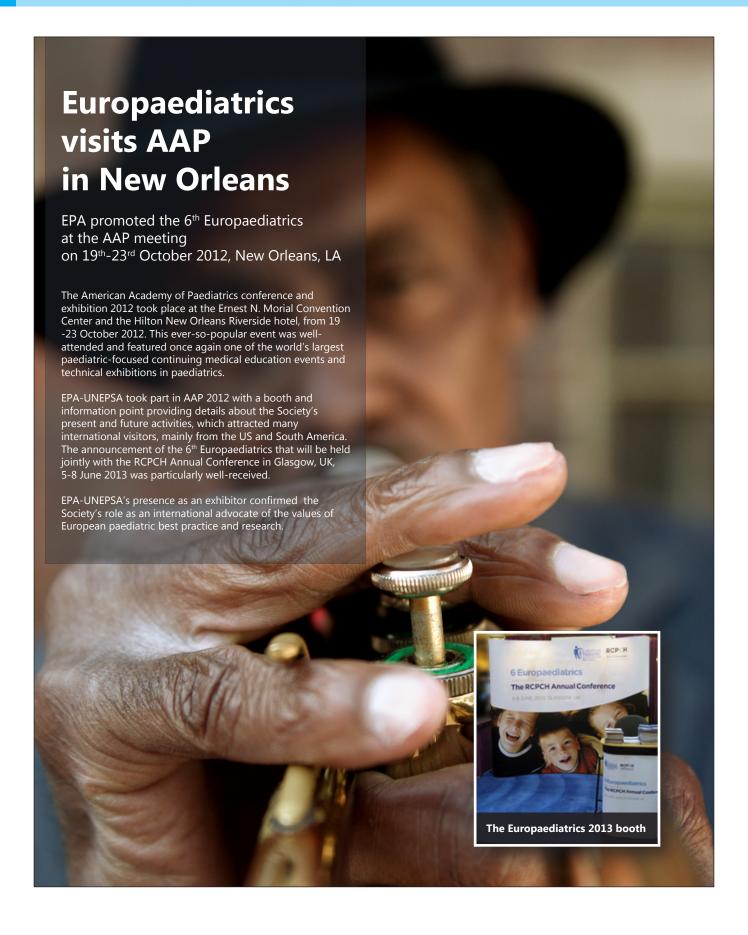
The conference was held under the auspices of the President of the Republic of Croatia, Prof. Ivo Josipovic. The Congress was attended by the largest number of participants so far; about 450 pediatricians and 150 nurses from Croatia and abroad. Papers covering all subspecialties of pediatrics were presented during the Congress and those have shown high level of professional and scientific work of Croatian pediatricians and nurses. Besides twenty oral presentations, 177 poster presentations have also been shown. The representatives of pediatric societies and sections of all subspecialties held 17 lectures where they have presented the guidelines important for all the pediatricians. All the summaries have been issued in the supplement to the journal "Paediatria Croatica".

Introductory lectures have specifically highlighted the adolescent issues. The invited lecturers were speaking on the topic: Russel Viner, vice president of the International Association for Adolescent Health and John Sargent, president of the American Family Therapy Academy. Unfortunately, the specificities of adolescents have been neglected and they are often being approached as adults, although they belong to an age group which is the focus of interest and responsibility of the pediatricians. Giorgio Tamburlini presented how to assess and how to promote child development in the first three years of life. Terence Stephenson evaluated how to recognize physical child abuse, and also presented the programme of the forthcoming Euriopaediatrics, that will take place in Glasgow, in June 2013.

The Congress ended with a conclusion that pediatric system, collaboration between the pediatricians from primary and stationary healthcare, as well as their cooperation with other specialists and experts, and active commitment to the interests and rights of children in the community, presents the ground on which a quality healthcare for children of all ages, from newborn to the adolescent, is based.



EPA BEYOND EUROPE



ANNOUNCEMENT

European Paediatric Association (EPA/UNEPSA)

Join the most extensive paediatric network in Europe!

Since the launch of the individual membership scheme, the European Paediatric Association (EPA/UNEPSA) embraces a constantly increasing number of individual members from all over Europe.

EPA/UNEPSA welcomes all doctors who are certified as paediatricians in Europe and are members of their respective National Paediatric Society/Association participating in EPA/UNEPSA.

By joining EPA/UNEPSA, you gain access to a network of 41 national European associations and open yourself to a new world of opportunities.

Benefits

The individual membership is offered at a privileged 50 Euro annual fee and encompasses a set of benefits that aim to provide value to the wide community of European paediatricians.

- On line access to the The Journal of Pediatrics a core benefit of individual membership to our association and we are excited by the prospect of making such a valuable resource widely available to paediatricians across Europe.
- Our members will enjoy reduced registration fees to Europaediatrics as well as to other events organised by our Association.
- The quarterly e-newsletter aims to be a source of current information relevant to the interests of European paediatricians.
- Finally, our members will find in our new website a valuable tool and resource

Individual membership is offered on an annual basis starting on the 1 January of each year and ending on the 31 of December.

You may apply on line for an individual membership. Please visit our website www.epa-unepsa.org for more details and to fill out a registration form.

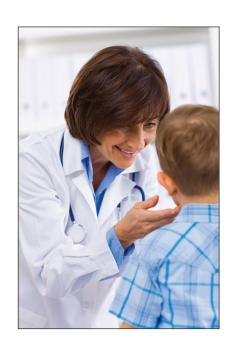
We look forward to welcoming all of you in EPA/UNEPSA!

The JOURNAL of PEDIATRICS

Did you know...

that all individual members of EPA now also get a free subscription of The Journal of Pediatrics?





Building a pan-European Paediatric Community

Get acquainted with EPA/UNEPSA fellow members, *Visit our Forum now!*



CALENDAR OF EVENTS

Upcoming conferences in 2013

European meetings by EPA/UNEPSA

6th Europaediatrics Congress jointly held with the Royal College of Paediatrics and Child Health

5-8 June 2013, Glasgow, United Kingdom

Member and Affiliated Societies' Meetings

National Conference of the Latvian Paediatric Association

26 January 2013, Riga, Latvia

XVII Summit of Pediatricians of Russia - "Actual Problems of Pediatrics"

14-17 February 2013, Moscow, Russia

10th National Congress of the Slovakian Paediatric Society

25-27 April 2013, Bratislava, Slovakia

49th Turkish Congress of Paediatrics & International Association for Adolescent Health - 10th World Congress &

1st Congress of Paediatric Association of Balkan

10-13 June 2013, Istanbul, Turkey

51st Pan-Hellenic Paediatric Congress

21-23 June 2013, Alexandroupoli, Greece

109th Annual Meeting of the German Society for Pediatric and Adolescent Medicine

12-15 September 2013, Dusseldorf, Germany

VII Congresso Nazionale FIMP – Federazione Italian Medici Pediatri

26-28 September 2013, Rome, Italy

14th National Congress of the Portuguese Paediatric Society

3-5 October 2013, Porto, Portugal

Other Paediatric Meetings

46th Annual Meeting - ESPGHAN 2013

8-11 May 2013, London, United Kingdom

2nd PNAE Congress on Paediatric Nursing

7-8 June 2013, Glasgow, United Kingdom

4th International Conference HUS-MPGN-TTP & related disorders

9-11 June, 2013, Austria

The 4th Annual Conference of the European Confederation of Primary Care Paediatricians – ECPCP

3-5 July 2013, Tel Aviv, Israel

International Congress of Pediatrics - ICP 2013

24-29 August 2013, Melbourne, Australia

12th Word Congress of Pediatric Dermatology

25-27 September 2012, Madrid, Spain

8th World Congress on Pediatric Infectious Diseases

19-22 November 2013, Cape Town, South Africa

Excellence in Paediatrics 2013

4-7 December 2013, Doha, Qatar

INFORMATION

List of member countries 2012-2013

Albania

Albanian Paediatric Society

Armenia

Armenian Association of Paediatrics

Austria

Oesterrechische Gesellschaft fur Kinder-und Jugendheilkunde (OEGKJ)

Belgium

Societe Belge de Pédiatrie/Belgische Vereiniging voor

Kindergeneeskunde

Bosnia and Herzegovina

Paediatric Society of Bosnia and Herzegovina

Bulgaria

Bulgarian Paediatric Association

Croatia

Croatian Paediatric Society

Cyprus

Cypriot Paediatric Society

Czech Republic

Czech National Paediatric Society

Denmark

Dansk Paediatrisk Selskab

Estonia

Estonian Paediatric Association

Finland

Finnish Paediatric Society

France

Société Française de Pédiatrie

Georgia

Georgian Paediatric Association

Germany

Deutsche Gesellschaft für Kinder- und Jugendmedizin (DGKJ)

Greece

Hellenic Paediatric Society

Hungary

Hungarian Paediatric Association

Ireland

Royal College of Physicians of Ireland/Faculty of Paediatrics

Israel

Israeli Paediatric Association

Italy

Società Italiana di Pediatria

Società Italiana di Ricerca Pediatria

Latvia

Latvijas Pediatru Asociacija

Lithuania

Lithuanian Paediatric Society

Luxembourg

Société Luxembourgeoise de Pédiatrie

Macedonia

Paediatric Society of Macedonia

Moldova

Moldovan Paediatric Society

The Netherlands

Nederlandse Vereninging voor Kindergeneeskunde

Poland

Polskie Towarzystwo Pediatryczne

Portugal

Sociedade Portuguesa de Pediatria

Romania

Societatea Romana de Pediatrie

Societatea Romana de Pediatrie Sociala

Russia

The Union of Paediatricians of Russia

Serbia and Montenegro

Paediatric Association of Serbia and Montenegro

Slovakia

Slovenska Paediatricka Spolocnost

Slovenia

Slovenian Paediatric Society

Spain

Asociación Española de Pediatría

Sweden

Svenska Barnläkarföreningen

Switzerland

Société Suisse de Pédiatrie/Schweizerische Gesellschaft für

Padiatrie

Turkey

Türk Pediatri Kurumu

Ukraine

Ukraine Paediatric Association

United Kingdom

Royal College of Paediatrics and Child Health

ACKNOWLEDGEMENTS

EPA would like to welcome new corporate partners and acknowledge the support of our exisiting partners in the development of the following exciting initiatives:



"Good Health begins with Good Hygiene"

EPA and Reckitt Benckiser (RB) ,believe that good hygiene is a key ingredient to good health and work jointly to educate the public on the benefits of adopting good hygiene habits, both personal, in the home, and to explain why good health begins with good hygiene.



Early Feeding Initiative

EPA and Pfizer Nutrition believe the chances of a healthy life are greatly facilitated by a healthy infancy period. This, in turn, is facilitated by a balanced nutrition. Breastfeeding should be the norm, but where not possible balanced dietary alternatives must be available. EPA and Pfizer Nutrition promote the new paradigm in early feeding which emphasizes the need of a balanced diet also throughout infancy.



"Helping Mothers Breastfeed Longer through Advanced Education'"

EPA and Philips AVENT believe breastfeeding is best for the infant and that paediatricians and health care professionals can often provide invaluable advice to mothers to initiate and sustain their breastfeeding routine. To this end, we are jointly developing an exciting educational programme, presenting state of the art knowledge as it applies to clinical practice.

PUBLICATION



EPA Newsletter issue 16

Newsletter of the European Paediatric Association (EPA/UNEPSA)

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